

Sanction Number: 26-05-01

# PACIFIC SOUTHWEST JUDO ASSOCIATION PRESENTS

## JU NO KATA & KIME NO KATA CLINIC



*Featuring Eiko Shepherd, 8<sup>th</sup> Dan*

**DATES:**

**MAY 16, 17, 2026**

### LOCATION DAY AND TIME

**May 16th - Ju No Kata – 9:30 To 3:30 PM Saturday**

**Art of Takedowns, 601 N. BROADWAY STE B., Escondido, CA 92025 - 9:30AM - 3:30PM**

**May 17th - Kime No Kata – 9:30 To 4:00 PM Sunday**

**San Shi Judo Club, 150 Cedar Rd., Vista, CA 92083**

**May 17th – Certification Testing – 5:00 PM – 8 PM Sunday**

**San Shi Judo Club, 150 Cedar Rd., Vista, CA 92083**

This activity is open to Brown belts (with good ukemi skills) and Black belts who are current members of United States Judo Federation, United States Judo Association and USA Judo (Participants must show proof of Membership). Event Excess Accident Medical Coverage is in effect for USA Judo members.

### Event Fee:

\$45.00 for single session, or \$90 both sessions for USJF/USJA and USA Judo members.

(Lunch provided for Saturday session only)

Note: Certification testing fees are extra.

For Additional information please contact:

Bruce Knight via email at [ukemi7@outlook.com](mailto:ukemi7@outlook.com)  
or Phone (619) 368-9812.

Registration begins February 6, 2026 on Smoothcomp. *No Walkup Registrations*

Click here: <https://usjf.smoothcomp.com/en/event/28181>

### About Kata Clinics.....

Jigoro Kano developed judo as a complete education system of the mind and body. He wanted to develop good people who were both physically and mentally strong. The physical training was supplemented with technique repetition, free practice, and competition whereas the mind was trained through the study of **KATA** – an organized set of techniques and movements that highlight different aspects and principles of this art.

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